

# MSRP *Virtual Savings Symposium 2024 Videos*

## ***Tuesday, October 8th***

***"2024 State Wellness Program - Wellness Rewards and Cost Savings"***

Presented by Maryland Dept. of Budget and Management

["2024 State Wellness Program - Wellness Rewards and Cost Savings" Video](#)

## ***Wednesday, October 9th***

***"Understanding Credit and Credit Reports"***

Presented by University of Maryland Extension

["Understanding Credit and Credit Reports" Video](#)

***"Here and Now: Navigating the Landscape and Preparing for Transition into Retirement"***

Presented by Capital Group/American Funds

["Here and Now: Navigating the Landscape" Video](#)

## ***Thursday, October 10th***

***"Maryland ABLE: A Financial Planning Tool for People with Disabilities and Their Families"***

Presented by Maryland ABLE

["Maryland ABLE: A Financial Planning Tool for People with Disabilities" Video](#)

***"Understanding Social Security"***

Presented by Social Security

["Understanding Social Security" Video](#)

## Tuesday, October 22nd

***“Employee Self Service Portal – POSC & Net Pay Calculator”***

Presented by  
Maryland Central Payroll Bureau

[“Employee Self Service Portal – POSC & Net Pay Calculator” Video](#)

***“Cybersecurity and Scams 101”***

Presented by  
Cash Campaign of Maryland

[“Cybersecurity and Scams 101” Video](#)

***“An Intro to College Savings”***

Presented by Maryland 529

["An Intro to College Savings" Video](#)

## Wednesday, October 23rd

***“The 6 G’s of Money I Wish I Had Known When Growing Up”***

Presented by T. Rowe Price

["The 6 G’s of Money I Wish I Had Known When Growing Up” Video](#)

***“Insurance 101: Life, Homeowners, and Renters Insurance”***

Presented by Maryland  
Insurance Administration

[“Insurance 101: Life Homeowners, and Renters Insurance” Video](#)

***“Dynamic Times for Fixed Income - an Overview of the Current Bond Market”***

Presented by TCW Group

["Dynamic Times for Fixed Income - an Overview of the Bond Market” Video](#)

## Thursday, October 24th

***“Estate Planning and Legal Considerations”***

Presented by Bress Raut Law

[“Estate Planning and Legal Considerations” Video](#)

***“Mind and Money: How to Protect Long-Term Investments from Common Missteps”***

Presented by Janus Henderson

["Mind and Money: How to Protect Long-Term Investments” Video](#)